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The New Nordic: Recipes From A Scandinavian Kitchen



Synopsis

The New Nordic celebrates contemporary Scandinavian cuisine with a focus on seasonal recipes that can easily be recreated at home. Filled with dishes that typify the food of this vast geographical region, this book takes its influence from the traditional ingredients that can be found from Sweden to Finland and Denmark to Norway, and transforms them into modern everyday recipes that are hugely popular throughout Nordic homes. The book is split into nine chapters, based on different food groups including ingredients found 'from the forest', 'from the sea', 'from the land', and 'in the larder', along with a basics chapter that demystifies classic Scandinavian cooking techniques such as smoking food and pickling. Recipes concentrate on modern, everyday dishes that use the freshest of ingredients and are simple to create. Indulge in beetroot carpaccio with goats cheese and minted pea relish, or enjoy the simplicity of fresh radishes with fennel butter and honey; move on to grander feasts such as flaked salmon burgers with mayonnaise, pickled cucumber and fresh horseradish or whole flounder with Nordic bread salad, beef with spiced wine sauce, kale and turnip or wonderful venison cooked with coffee, honey parsnips and rocket; and not forgetting the classics such as Swedish meatballs, Danish smorrebrod, pickled herrings and gooey cinnamon buns. At the end of the book there is a glossary explaining substitutes for hard-to-find ingredients along with a seasonal listing of typical Nordic ingredients. Matched with stunning Scandy-inspired photography throughout including imagery of landscapes, nature and produce shot on location, The New Nordic is a feast for all the senses.

Book Information

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Customer Reviews

Awesome cookbook! Terrific recipes. Great images and content. I have already prepared several meals using recipes in the book and each received rave reviews. In particular the chanterelle mash and rhubarb and rye bread pudding were big hits.

Our Library group/book group chooses a cookbook each month and we all cook an item from it and have a gala feast. This cookbook was a joy to cook from as all was challenging and different from the usual and it was a great feast!!

This book is absolutely beautiful! The recipes are easy to follow and some give just the right amount of challenge while others are straight forward. I am recommending it to all my friends.

These recipes are well-explained. I like the sequence of the book. It makes it clear that Nordic countries appreciate pickled foods, etc., and let's you know what equipment you will need to make some recipes that are every-day treats for Scandinavians.

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